

SETTING NEW STANDARDS IN DEMENTIA CARE

As of October 2008, the State of Connecticut Department of Public Health requires eight hours of dementia care training annually for personnel who care for people with Alzheimer's Disease and related dementia. The Alzheimer's Resource Center presents seminars that are specifically designed to meet the educational needs of professionals who work with people with dementia. Participants will receive certificates confirming the hours that they have participated in the dementia care training program.

SHARING KNOWLEDGE & TRANSFORMING CARE

Our mission is to empower your organization to respond faster and more intuitively to the changing culture of dementia care. We enable you to become more capable and competitive through leveraging our practical knowledge and training expertise. We have the knowledge, enthusiasm, and capability to give you the tools you need to chart your own direction and achieve lasting transformation in dementia care.

To learn more about the Alzheimer's Resource Center, please visit us on the web at www.alzheimersresourcecenter.org



CHANGING THE
CULTURE OF
DEMENTIA CARE



ALZHEIMER'S RESOURCE CENTER
OF CONNECTICUT, INC.

1261 SOUTH MAIN STREET
PLANTSVILLE, CONNECTICUT 06479

WE ARE YOUR PARTNERS
IN DEMENTIA CARE
EDUCATION & CONSULTING

TAKE YOUR SEAT AT THE CULTURE CHANGE TABLE

JOIN THE ALZHEIMER'S
RESOURCE CENTER FOR
ADVANCED TRAINING IN
DEMENTIA CARE

DINING WITH FRIENDS™
AN INNOVATIVE APPROACH TO
DINING FOR PEOPLE WITH DEMENTIA
APRIL 1, 2010

PERSON-CENTERED
DEMENTIA CARE SPECIALIST TRAINING
APRIL 22, 2010



ALZHEIMER'S RESOURCE CENTER
OF CONNECTICUT, INC.

WE LIVE IT WITH YOU



DINING WITH FRIENDS™ AN INNOVATIVE APPROACH TO DINING FOR PEOPLE WITH DEMENTIA

APRIL 1, 2010 8AM TO 12 PM

COST: \$150

**INCLUDES SEMINAR, DVD TOOL KIT, DINING
SCARF PATTERN, CARING HANDS CUISINE™
RECIPE CARDS AND AUDIT TOOL**

- Are you looking for ways to enhance the dining experience for the residents in your facility?
- Are your residents wearing “bibbs” at meal times? Are you looking for a more dignified approach?
- Do your purée meals look appetizing? Would you benefit from innovative approaches to preparing purée meals that are dignified and delicious?
- Are you struggling to bring a person-centered approach to dining for your residents?
- Are you working on culture change and could use educational and inspirational training tools?

If you answered **YES** to any of these questions, join the thousands of other healthcare professionals who have experienced Dining with Friends™.

Dining with Friends™ offers an innovative approach to dining for people with dementia.

The program emphasizes

- Ways to prepare for a social dining experience
- Ways to foster independence
- Nutritious and innovative meals
- Environmental considerations

To learn more about Dining with Friends™ log on to www.alzheimersresourcecenter.org

PERSON-CENTERED DEMENTIA CARE SPECIALIST TRAINING

APRIL 22, 2010 8AM TO 4:30PM

COST: \$125

**INCLUDES SEMINAR, TRAINING MATERIALS,
CONTINENTAL BREAKFAST AND LUNCH**

During this program, caregivers will learn person-centered approaches to caring for people with dementia. Participants will learn how to incorporate life stories into everyday care and innovative techniques to engage the person with dementia in creative expression.

Training will include:

- What does it feel like to have Alzheimer's disease?
- Communicating and approaching with empathy
- Validation techniques and building relationships
- Understanding distress
- Creating a therapeutic environment
- Encouraging independence at every stage
- Building empathy based care through creative expression
- Recognizing and responding to pain
- Dining with Friends™: An Innovative Approach to Dining for People with Dementia
- S.A.F.E.™ Response Techniques in Crisis Situations
- Experiencing the joys and sorrows of caregiving



REGISTRATION

Registrations due one week prior to program date

Make checks payable to:
Alzheimer's Resource Center of Connecticut

Send registration forms and checks to:

Kelly Smith Papa, RN, MSN

Alzheimer's Resource Center of Connecticut
1261 South Main Street • Plantsville, CT 06479
Ph: 860.628.9000 • Fax: 860.621.8083
kpapa@arc-ct.org

**Seminar will be held in the Jean Stolba Center at
the Alzheimer's Resource Center.**

Please submit one form for each participant.
Please indicate the seminar you are registering for
by checking the boxes below:

- April 1, 2010** - Dining with Friends™: An Innovative Approach to Dining for People with Dementia: \$150
- April 22, 2010** - Person-Centered Dementia Care Specialist Training: \$125
- Call for group rates**

Name _____

Position _____

Contact Person _____

Phone Number _____

Email _____

Organization _____

Address _____

These workshops are offered to organizations and agencies onsite. To schedule a workshop at your facility, please contact Kelly Papa, RN, MSN, Director of Education and Consulting at 860-628-3002 or email kpapa@arc-ct.org.

Education and training information is also on our website
www.alzheimersresourcecenter.org