

Curriculum Vita

ALAN P. SIEGAL, M.D.

Geriatric & Adult Psychiatry, LLC
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EDUCATION:

1975, B.A., Magna Cum Laude, Adelphi University, Garden City, New York: Biology

1979, M.D., University of Louisville School of Medicine, Louisville, Kentucky

BOARD CERTIFIED IN GERIATRIC AND ADULT PSYCHIATRY

POST GRADUATE TRAINING:

1979-80 Intern in Medicare, Norwalk Hospital, Norwalk, CT

1980-82 Resident Psychiatry, Yale University School of Medicine, New Haven, CT

1982-83 Chief Resident, Connecticut Mental Health Center, New Haven, CT

1983-84 Chief Resident, Community Services, Connecticut Mental Center, Fellow Geriatric Psychiatry, Yale University School of Medicine

1984-86 Post-Doctoral Fellow, Robert Wood Johnson Clinical Scholars Program, Yale University School of Medicine

APPOINTMENTS:

1984-1986 Assistant Clinical Professor of Psychiatry, Yale University School of Medicine

1986-1991 Assistant Professor of Psychiatry and Director, Fellowship in Geriatric Psychiatry, Yale University School of Medicine

1987-1991 Director, Alzheimer's and Cognitive Disorders Research Unit, Dept. of Psychiatry, Yale University School of Medicine

1991-1993 Assistant Clinical Professor of Psychiatry, Yale University School of Medicine

1993-Present Associate Clinical Professor of Psychiatry, Yale University School of Medicine

PROFESSIONAL CERTIFICATE/LICENSURE:

Diplomate, American Board of Psychiatry and Neurology 1985
Added Qualifications in Geriatric Psychiatry, 1991
Connecticut (022695) 1981
DEA (AS 285726) 1981

PROFESSIONAL ACTIVITIES:

Managing Partner, Geriatric & Adult Psychiatry, LLC (1991-present)

Medical Director, The Geriatric Psychiatry Alliance,
American Association for Geriatric Psychiatry (9/95-1/97)

Attending, Consultation Service, Yale New Haven Hospital (1986-1993)

Director, Fellowship in Geriatric Psychiatry (1986-1991)

Director, Alzheimer's and Cognitive Disorders Research Unit,
Yale University School of Medicine (1987-1991)

Medical Director, Alzheimer's Resource Center of Connecticut,
Plantsville, CT (1992-1999)

PROFESSIONAL HONORS:

1988- Roncalli Charities of Connecticut, Community Service Award

1997- Outstanding Contribution, American Association for Geriatric Psychiatry

OTHER PROFESSIONAL ACTIVITIES:

1983-1990, Board of Directors, Alzheimer's Disease and Related Disorders
Association (ADRDA), South Central Connecticut Chapter

1985-1991, Psychiatry Consultant, Systolic Hypertension in the Elderly Project,
Henry Black, M.D., Principal Investigator, Yale School of Medicine

1985-1994, Psychiatric Consultant, Jewish Home for the Elderly, Fairfield, CT

1986-1988, President, Alzheimer's Disease and Related Disorders Assoc.,
South Central Connecticut Chapter

1986-1989, Member, Board of Directors, American Assoc. for Geriatric
Psychiatry

1990-1991, Treasurer, American Assoc. for Geriatric Psychiatry

1990-Present, President, Alzheimer's Resource Center, Inc., a non-profit foundation
Currently operating a 120 bed Alzheimer's long-term care center, Southington, CT

1992 - President Elect, American Association for Geriatric Psychiatry

1992-1994, President, American Association for Geriatric Psychiatry

TEACHING ACTIVITIES:

- 1981 Psychopharmacology Update
 Monthly lectures for PGY II Residents-Program Director (10 hrs)
- 1982 Psychiatry 101 – Small group session co-leader
 (1st year medical students) (30 hrs)
- 1984-present Intensive in Geriatric Psychiatry (3rd year medical students) (21 hrs)
- 1985-1986 Introduction to Clinical Medicine Physical Examination Preceptor (2nd
 year medical students (10 hrs)
- 1985-1986 Introduction to Clinical Medicine Intensive in Geriatrics (2nd yr. medical
 students) (6 hrs)
- 1986-present Supervision of PGY II, III, IV psychiatry residents, CMHC outpatient
 service, Consult Service, Yale New Haven Hospital (4hrs/wk)
- 1988 Faculty preceptor – Yale Medical Student Summer Research Program,
 2nd year medical students (48 hrs)
- 1989 Psychiatry 101 – Lecturer: The Geriatric Patient (1.5 hrs)
- 1989-1990 Physicians' Associate Program, Topics in Geriatrics lectures (1st & 2nd yr
 PA students) (5 hrs)
- 1990 Elective in Geriatric Psychiatry (PGY 111 & IV Psychiatry residents)
 (15 hrs)
- 1990-1991 Initiated and coordinated Journal Club for Psychiatry residents at Yale
 New Haven Hospital (20 hrs)
- 1991 Introduction to Clinical Medicine Medical Student Interview Skills
 (2nd year students) (2 hrs)

- 1995 Psych 101 – Lecturer: The Geriatric Patient (1.5 hrs)
- 1996 Psych 101 – Lecturer: The Geriatric Patient (1.5 hrs)
- 1997 Psych 101 – Lecturer: The Geriatric Patient (1.5 hrs)

MEMBERSHIPS:

American Medical Association
 American Psychiatric Association
 Connecticut Psychiatry Society
 Connecticut State Medical Society
 American Geriatric Society
 American Association for Geriatric Psychiatry
 New Haven County Medical Association
 American Medical Directors Association

COMMITTEE APPOINTMENTS:

- 1980-83 Residency Selection Committee, Department of Psychiatry, Yale University
- 1983 Inpatient Services Reorganization Committee, Connecticut Mental Health Ctr
- 1983 Chairman, Management of the Violent Patient Committee, Connecticut Mental Health Ctr.
- 1983-86 Chairman, Outpatient Services Committee, CT Psychiatric Society
- 1984-89 Chairman, Professional Advisory Committee, Alzheimers Disease and Related Disorders Assoc., South Central Connecticut Chapter
- 1984-85 Chairman, Program Committee, Connecticut Psychiatric Society, New Haven/Middlesex Chapter
- 1984-87 Deputy Chairman, Public Affairs Committee, CT Psychiatric Society
- 1985 Planning Committee, Conference of the CT Assoc. for Mental Health & Aging
- 1985-87 Councilor, New Haven Chapter, Connecticut Psychiatric Society
- 1986-89 Member, Admissions Committee, Physician's Associates Program, Yale University School of Medicine
- 1986-87 Graduate Education Committee, Department of Psychiatry, Yale University School of Medicine

1987-Present Chairman, Geriatric Psychiatry Committee. Connecticut Psychiatric Society,

1989-91 Annual Symposium and Meeting, Program Planning Committee, American Association for Geriatric Psychiatry

1989-1991 Education and Fellowship Committee-AAGP

1990-1992 Finance Committee-AAGP

1995-1997 Chairman, Industry Relations Council, American Association for Geriatric Psychiatry

1998-2004 Yale New Haven Hospital, IPA Board Member

2004- Present Yale Community Medical Group Board Member

GRANTS AND CONTRACTS AWARDED:

A.H. Robins Company, "Randomized Clinical Trial of Guanfacine to Improve Memory in Age-Associated Memory Impairment," April 1, 1988-June 15, 1989, \$226,000, Principal Investigator

Miles, Inc., "Randomized Clinical Trial Nimodipine to Prevent or Retard Deterioration in Primary Degenerative Dementia," January 1, 1989-December 30, 1992, \$181, 940, Principal Investigator

Jewish Home for the Elderly, Fellowship in Geriatric Psychiatry, July 1, 1989-June 30, 1990, \$56, 265

Jewish Home for the Elderly, Psychiatric Consultation Contract, July 1, 1990-June 30, 1991; \$28,200

Bristol Meyers-Squibb-Nefazadone, Safety & Efficacy in Geriatric Depressed Patients, March 1992-December 1993

Parke-Davis: Treatment IND for Cognex, January 1992-December 1993

Burroughs Wellcome-Wellbutrin SR, 1993

Eisai Pharmaceuticals – E2020, November 1993-April 1997

Bristol Meyers-Squibb – Buspar in Dementia Patients, February 1994-January 1997

Janssen Pharmaceuticals – Risperidone, 1995-July 1997

Eli Lilly & Co. – Olanzapine in Dementia – November 1996 – present

Eisai Pharmaceutical – E2020 in Nursing Home Residents – July 1996 – present

Eisai Pharmaceutical – E2020 Dementia with Vascular Etiology – July 1997

Eli Lilly & Co. – Fluoxetine in Depressed Nursing Home Residents – September 1997-present

Pfizer – Sertraline in Depressed, Geriatric Outpatients, September 1997 – present

Bayer – Metrifonate in Alzheimer’s Disease Patients, September 1997 – present

Janssen Pharmaceuticals – Risperidone vs. Olanzapine in Elderly Schizophrenia, October 1997

BIBLIOGRAPHY:

Original Articles:

1. John Kennedy, Walter Deberdt, Siegal, AP. Olanzapine does not enhance cognitive in non-agitated and non-psychotic patients with mild to moderate Alzheimer’s dementia. *International Journal of Geriatric Psychiatry* 2005; 20:1020-1027.
2. Siegal, AP, Astrachan, BM, Levine, ML: Re-evaluating the work of a community mental health center: the care of chronic patients. *Hospital Community Psychiatry* 1984; 35:1129-1132.
3. Siegal, AP, Astrachan, BM, Levine, MS. Service Utilization: A Re-evaluation of the Work in Caring for the Chronically Mentally Ill in a Community Mental Health Center Proceedings of the 8th Annual MSIS National Users Group Conference, Nathan S. Kline Institute, 25-34, 1984.
4. Siegal, AP, Levine MS. Indirect Services in the Care of the Chronically Mentally Ill and Administrative Implications for MSI. Proceedings of the 9th Annual MSIS National Users Group, Nathan S. Kline Institute, 189-193, 1985.
5. Imperiale, TF, Siegal, AP, Crede, WB, Kames, EA. Pre-admission screening of Medicare patients: The clinical impact of reimbursement disapprovals. *JAMA* 1988; 259 (23) 3418-2421.
6. Rohrbaugh, R, Siegal AP, Giller, E. Irritability as a symptoms of depression in the elderly. *J Am Geriatric Soc.* 1988; 36 (8): 736-738
7. Rohrbaugh R, Siegal AP: Reversible Anorexia and Rapid Weight Loss Associated with Neuroleptic Administration in Alzheimer’s Disease. *Journal of Geriatric Psychiatry and Neurology*, 2:45-47, 1989.
8. Inouye, SK, Van Dyck, CH, Alessi, CA, Bulken S, Siegal, AP, Horowitz RI.: Clarifying Confusion: A New Screening Method for Delirium, The Confusion Assessment Method, *Annals of Internal Medicine*, 1990; 113:941-948.

9. Lachs, MS, Becker, M, Siegal, AP, Miller, RL, Tinetti ME: Delusions and Behavioral Disturbances in Cognitively Impaired Elderly Persons, Jn Amer Geriatrics Soc. 40: 768-773, 1992
10. Neistein, S, Siegal, AP: Agitation, Wandering, Pacing, Restlessness and Repetitive Mannerisms, International Psycho Geriatrics, 1996, 8, Supplement 3, 339-403.
11. Lachs, MS, Williams, CS, O'Brien, S, Hurst, L, Kossack, A, Siegal, AP, Tinetti, ME: ED Use by Older Victims of Family Violence, Annuals of Emergency Medicine, 30:4, 1997
12. Duncan, BA, Siegal, AP : Early Diagnosis and Management of Alzheimer's Disease, J Clinical Psychiatry 1991; 59 (suppl 9): 15-21.
13. Grossberg, G, Jackson, JM, Tariot, P, Fraser, M, Jacobs L, Carroll, R, Smith, D, Sherman D, Torgerson D, and Siegal, AP: The Annals of Long-Term Care, Managing Elderly Patients with Acute Behavioral Changes in the Long-Term Care Setting, May 1999.
14. Tangalos, EG, MaGuire GA, Siegal, AP, DeVane CL: Behavioral Manifestations of Psychosis and Depression in Long-Term Care Settings: From Clinical Trials to Bedside Therapy, May 2001.
15. Siegal, AP: Documentation in the Long-Term Care Setting: July 2002
16. John Kennedy, Walter Deberdt, Alan P. Siegal, : Olzapine does not enhance cognition in non-agitated and non-psychotic patients with mild to moderate Alzheimer's dementia: International Journal of Geriatric Psychiatry: 2005; 22:1-8

Books:

1. Siegal, AP, Siegal, RS, Forget Me Not, Caring for and Coping with Your Aging Parents, 10 Speed Press, Sept. 1993.
2. Siegal, AP, Jackson, JM, Geriatric Psychiatry Practice Management Handbook, AAGP, Aug., 1997.

Book Reviews, Letters, Book Chapters:

1. Dementia: A Practical Guide to Alzheimer's Disease and Related Disorders by Leonard L. Heston. Am J Psychiatry 1985; 143 (3): 382-383

2. A Guide to Alzheimer's Disease for Families, Spouses and Friends by Barry Reisberg. Am J Psychiatry 1985; 142 (3) : 382-383
3. Alzheimer's Disease: A Guide for Families by Leonore S. Powell and Kathie Courtice. Am J Psychiatry 1985; 142 (3): 181-183
4. Siegal, AP. Medicare and Alzheimer's Disease (letter). Hosp. Comm. Psychiatry 1986; 37 (4); 403
5. Alzheimer's Disease: The Standard Reference by Barry Reisberg. Am J Psychiatry 1986; 143 (6); 794-795
6. The Social Transformation of American Medicine by Paul Starr. Am J Psychiatry 1987; 144 (3) : 373-374

PRESENTATIONS/LECTURES:

1. February 24, 2001 – American Association for Geriatric Psychiatry 14th Annual Meeting, San Francisco, CA: Behavioral Manifestations of Psychosis and Depression in Long-Term Care Settings: From Clinical Trials to Bedside Therapy
2. March 15, 2001 – American Medical Directors Association 2001 Annual Symposium, Atlanta, GA (chair): Comparing and Contrasting the Atypical Antipsychotics: A Data-Driven Focus on Differentiation.
3. January 9, 2002 – Stony Brook University, Stony Brook , New York: Aricept/Zoloft Alzheimer's Disease.
4. January 14, 2002- Windom Hospital, Windom CT: Advances in Atypical Antipsychotics and psychotropic therapy.
5. February 6, 2002 – Teleconference: Agitation in Dementia.
6. March 10, 2002 – American Geriatrics Society Annual Meeting - Washington ,DC :Advances in Atypical Antipsychotic and Psychotropic therapy.
7. March 15, 2002 – Boston, MA: Co-chair Long Term Care meeting
8. April 3, 2002 – Hewitt Foundation, Trumbull, CT: Delirium in Elderly.
9. April 9, 2002- Raleigh, NC: Treatment of Aggression and Agitation in Elderly Patients. Annual Meeting AMDA North/South Carolina
10. April 10, 2002 – Westborough, MA: Managing Depression in Long Term Care Patients.

11. April 17, 2002- Grand Rounds – Dept of Psychiatry - Stony Brook, NY: Update, Diagnose and treatment in Dementia.
12. April 23, 2002 – Agency on Aging, Fairfield University, and Bridgeport, CT: Depression in the Elderly.
13. May 2, 2002 – Cornell Westchester, Grand Rounds - White plains, NY: Alzheimer’s disease.
14. May 15, 2002- Dedham, Ma: Agitation in Dementia: Finding Clarity in the Confusion.
15. May 23, 2002 - Philadelphia, PA: Treating Aggression in Patients with Dementia.
16. June 10,2002 – Teleconference: Managing the Agitated Alzheimer’s Dementia Patient: Role of Mood stabilizers.
17. June 26, 2002 – Continuing Medical Education, Geriatric Congress - Anaheim, CA: Recognizing and Identifying Agitation related Dementia.
18. August 23, 2002 – New York, NY: Alzheimer’s Disease Advisory Council.
19. September 24, 2002 – Parker Institute, New Hyde Park, NY: Geriatric Depression.
20. December 3, 2002 - Tampa, FL: Pharmerica Annual Meeting: Depression in Long Term Care.
21. January 24, 2003 – Dallas, TX: “Bringing AD Management to the Frontline of LTC”
22. March 14, 2003 – Boston, Mass: Pfizer – Northeast region Neuroscience Consultants Meeting
23. March 19,2003 – New York, NY: DRIVE Medical Consulting – Zyprexa Long Term Care Regional Customer Feedback forum
24. March 27, 2003 – Providence, RI: Novartis – “Are All Cholinesterase Inhibitors the Same?”
25. April 8, 2003 – Stony Brook, NY: Pfizer – “Geriatric Neurophysiology Issues in LTC” V.A. Medical Center
26. April 9, 2003 – Stony Brook, NY: Pfizer – “Managing the Behavioral Manifestations of Dementia in LTC”
27. April 11, 2003 – Westbrook, CT: Yale – “Cognitive Assessment and Differential Diagnosis in the Elderly”
28. May 21, 2003 – Pittsburgh, PA: Grand Rounds UPMC Hospital

29. June 1, 2003 – Cambridge, MA: APNA – “Are All Cholinesterase Inhibitors the Same?”
30. July 11-13, 2003 – Tampa, FL: AstraZeneca – 2003 Seroquel LTC National Advisory Board Meeting
31. September 4-7, 2003 – Boca Raton, FL: Bristol-Myers Squibb – VISION Abilify Worldwide Summit
32. September 12-13, 2003- Baltimore, MD: Lilly – 2003 Treatment Guidelines Summit for the LTC Sector
33. September 20, 2003 – Philadelphia, PA: CME inc – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
34. October 11, 2003 – Atlanta, GA: CME Inc – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
35. October 25, 2003 – Seattle, WA: CME inc. – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
36. November 1, 2003 – Cleveland, OH: CME inc. – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
37. November 15, 2003 – Long Island, NY: CME inc. – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
38. December 6, 2003 – Miami, FL: CME inc – “Alzheimer’s Disease: Practical Approaches to Detect, Diagnosis, and Achieve Optimal Therapeutic Outcomes”
39. April 9, 2004 – Teleconference : Lilly – “Bipolar Mania: An Overview of Diagnosis and Treatment”
40. April 9, 2004 – Seymour, CT: Forest Pharmaceuticals -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
41. April 13, 2004 – Teleconference sponsored by Forest – “Anxiety and Depression:Lexapro”
42. April 27, 2004 – Westport, CT : Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
43. May 12, 2004 -Teleconference : Lilly – “Bipolar Mania: An Overview of Diagnosis and Treatment”
44. May 17-18, 2004 – Las Vegas, NV: American Geriatrics Society Meeting: “Remission vs Response, Painful Physical Symptoms, and Depression”

45. May 25, 2004 – Bridgeport, CT :Forest / St Vincents Hospital: -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
46. June 9, 2004 – West Springfield, MA: Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
47. July 16, 2004 – Philadelphia, PA: AstraZeneca – “2004 Long Term Care National Advisory Board Meeting”
48. January 11, 2005 – Teleconference: Forest “ Treating depression and Anxiety in the Lon Term Care Setting”
49. January 19, 2005 – Teleconference: Abbott - “Novel Approaches to the Treatment of behaviors in the Demented Patient”
50. February 23, 2005 – Wallingford, CT: Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
51. March 2-3, 2005 – San Diego, CA: Pfizer 2 day lecture tour “The Importance of Diagnosing and How to Diagnose in a Short Time”
52. March 29, 2005 – Norwich, CT : Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
53. March 30, 2005 – Avon, CT: Forest – “One Effective Therapy for Depression and Anxiety”
54. April 19-21, 2005 – Las Vegas, NV: Pfizer 3 day talk tour, Aricept & Zoloft Lectures
55. April 27, 2005 – Westport, CT: Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
56. May 18, 2005- New Haven, CT: “ Alzheimer’s Disease and Dementia”
57. June 7, 2005 – Teleconference: Nemenda Advisory Board member.
58. June 17, 2005 – West Haven, CT: Forest -“Namenda: Changing the Treatment Paradigm in Alzheimer’s Disease”
59. June 23, 2005 – Teleconference : Forest, Lexapro “ One Effective Therapy for Depression and Anxiety in long Term Care”
60. July 9, 2005 – Savannah GA: Forest “ Differential Diagnosis of Major Depression and Anxiety in the Elderly”
61. July 2005 - “Developing Best Practices Meeting” Forest/Omnicare Talk Series: Orlando, FL; Charlotte, NC

62. August 2005 - “Developing Best Practices Meeting” Forest/Omnicare Talk Series: Austin, TX; Indianapolis, IN; St Louis, MO
63. August 9-12, 2005 – Minneapolis and Kansas City, MO 4 day talk tour: Lilly; “Clinical Considerations: Treating a Broad Range of Symptoms in Depressed Patients (Psych)”
64. September 27, 2005 – Omaha , NB: Forest/Omnicare “Developing Best Practices Meeting”
65. November 2005 - “Developing Best Practices Meeting” Forest/Omnicare Talk Series: Minneapolis, MN; Lavonia, MI.
66. September 7, 2005 – Williston Park, NY: Lilly “Clinical Considerations: Treating a Broad Range of Symptoms in Depressed Patients (Psych)”

BIOGRAPHICAL SKETCH

ALAN P. SIEGAL - D.O.B. 4/1/53

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EDUCATION:

B.A., 1975 – Adelphi University, Garden City, NY

M.D., 1979 – University of Louisville School of Medicine, Louisville, KY